

sheilaglazov

PERSONALITY EXPERT

AUTHOR | SPEAKER | EDUCATOR

FOR IMMEDIATE RELEASE

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WORK SMARTER, LIVE BETTER, LOVE MORE, LAUGH OFTEN

Knowing your Brain Color will help improve your all your relationships!

(NATIONAL)—Have you ever wondered why your co-worker, in the next cube, asks you 20 questions a day? Or why your loved one never shares their feelings with you? Or why your child can't seem to get along with their new teacher?

You will wonder no longer, when Sheila Glāzov, offers you tips, from her latest book, *What Color is Your Brain?* Discovering your own and others' idiosyncrasies and strengths and will no longer be an overwhelming task. Now, can learn how to understand and speak with others, because you will know what color their brain is.

In *What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others* (Slack Incorporated, \$16.95) author, personality type expert, professional speaker and educator, Sheila Glazov, has created a colorful personality profile that simplifies the complex nature of your character traits and talents and explains the similarities and differences that impact your daily thoughts and actions. This book explains why your perspectives differ from the viewpoints of others.

“People tell me that the Brain Color theory is remarkably fresh and powerfully simple. It reduces the stress and complications in their business life and their personal relationships. Immediately learning what makes their co-workers, romantic partners, children, friends and family members tick is enlightening and exciting!”

Included in the book is a Brain Color Quiz, which helps you determine your personality type as a Blue, Yellow, Green or Orange Brain individual. *What Color Is Your Brain?* offers an engaging and compelling methodology that helps unlock the value in yourself and others, open doors to resolve conflicts quickly, communicate effectively, improve your job performance and create more harmony in every facet of your life.

About the Author

Sheila Glazov is an award-winning author, internationally recognized personality expert, professional speaker and passionate educator. Sheila earned her Bachelor of Science degree in education from the Ohio State University, a degree in Creative Leadership from Disney University, and is a graduate of the Creative Problem Solving Institute. Her innovative style and contagious energy has won Sheila praise for her participatory **What Color Is Your Brain?**® programs in conference rooms and classrooms in the U.S. Canada, Europe, South Africa, Malaysia, and South America. Encouraging adults and children to recognize and respect the best in themselves and others is the essence of her books and programs.

10% of the royalties, from the sale of Sheila's book is allocated, to the Juvenile Diabetes Research Foundation. Sheila and her husband live in the Chicagoland area.

For more information please visit www.SheilaGlazov.com

About the Publisher